

Wellbeing Through Illness and Dying

Presented by Transitions Professional Center and
Patient and Family Support Services of the OHSU Knight Cancer Institute

	ROOM A	ROOM B	ROOM C
7:00-8:00am	Registration and Breakfast in the Mt. Hood Foyer		
8:00-9:30am	Keynote Speaker: <i>Ira Byock, MD (Providence Institute for Human Caring)</i> Imagining People Well: Human Development Through End of Life		
9:30-9:45am	Break - Additional Breakfast Items Served in the Mt. Hood Foyer		
9:45-10:45am	Sorting Through the Piles: Accumulating Tools, Techniques and Interventions for Hoarding Disorder <i>Andrea Lehman, LCSW (OHSU)</i> <i>Dena Wellington, MSW, CSWA (Legacy, OHSU)</i>	Palliative Care for COPD: Exacerbations, Dyspnea and Oxygen. Where is Your Program? <i>Richard Mularski, MD (Kaiser)</i>	MBSR Program and Adaptations for Palliative Care Settings <i>Kimberly Carson, MPH, C-IAYT (Mindful Yoga Works, OHSU)</i>
10:45-11:00am	Break		
11am-Noon	Legacy Building Activities: Healing Distress and Promoting Quality of Life <i>Lori Eckel, LCSW</i> <i>Heather Mikes, DO</i> <i>Margaret Hartsook, LPC, ATR (Legacy)</i>	NACP Conversation Groups in Outpatient Oncology - Lessons Learned <i>Sarah Lowry, MSN, ACNP-BC</i> <i>Cathy Weeks, LCSW, OSW-C (OHSU)</i>	Addressing Barriers to Goals of Care Conversations: Sociocultural and Practice Considerations <i>Julia Kasl-Godley, PhD (Palo Alto VAMC, CHE Behavioral Services)</i>
Noon-1:00pm	Lunch - Served in the Mt. Hood Foyer		
1:00-2:30pm	Plenary Speakers: <i>Susan Hedlund, LCSW (OHSU) & Louise E. Marasco, PhD (TPC)</i> Cultivating Resilience in Illness and Dying		
2:30-3:30pm	Panel: Complementary and Integrative Health Services in Palliative Care <i>Gayle MacDonald, MS, LMT - Margaret Hartsook, LPC, ATR</i> <i>Gwen LoVetere, LAc, MAcOM - Kristen McSorely, MT-BC</i> <i>Moderated by: Katie Hennessy, MSW, LCSW, OSW-C (OHSU)</i>		
3:30-3:45pm	Break - Refreshments Served in the Mt. Hood Foyer		
3:45-4:45pm	Spiritual Care and the Critically Ill: Embodiment, Limitation, Human Flourishing and the Five Big Questions <i>Fernando Serna, MDiv, BCC (OHSU)</i>	Re-Defining Pain: Living Fully in the Context of Palliative Care <i>Andrea Diulio, PhD (TPC)</i> <i>Timothy Wright, PsyD (Portland VAMC, TPC)</i>	Cultivating Compassion: Key to Therapeutic Presence and Preventing Burnout <i>Youske Eto, LCSW (Spiritual Care Program, Housecall Providers Hospice)</i>
4:45 - 4:55pm	Short Break to Open Air Walls		
4:55-5:00pm	Closing Remarks: <i>Louise E. Marasco, PhD - Transitions Professional Center</i>		



Thank you to Regence BCBS Palliative Care Program for their support of this year's conference